

By practicing the Tread Lightly! principles, you not only care for the environment and reduce conflicts among recreationists, you help protect access to recreational areas for years to come.

Tread Lightly!® is a national nonprofit organization with a mission to promote responsible recreation through ethics education and stewardship. It is considered the nation's signature ethics message for outdoor enthusiasts that use motorized vehicles while enjoying trails and waterways. Tread Lightly! offers unique training and restoration programs strategically designed to instill an ethic of responsibility in a wide variety of outdoor enthusiasts and the industries that serve them.

- T** TRAVEL RESPONSIBLY
- R** RESPECT THE RIGHTS OF OTHERS
- E** EDUCATE YOURSELF
- A** AVOID SENSITIVE AREAS
- D** DO YOUR PART



To learn more, contact Tread Lightly! at  
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Download *The Tread Lightly! Guide to Responsible Off Highway Motorcycle Riding* for more useful information for riding in the great outdoors at [www.treadlightly.org](http://www.treadlightly.org).



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# DIRT BIKING



**TREAD LIGHTLY!'S**  
RESPONSIBLE RECREATION TIPS

## TRAVEL RESPONSIBLY

Travel responsibly on designated roads, trails or areas.

- ✔ Travel only in areas open to dirt bikes.
- ✔ Minimize wheel spin.
- ✔ On switchbacks, avoid roosting around the apex of the turn when climbing or brake-sliding during descent, both of which gouge the trail.
- ✔ Drive over, not around, obstacles to avoid widening the trail.
- ✔ Slow down when sight lines are poor.
- ✔ Cross streams only at designated fording points, where the trail crosses the stream.
- ✔ Comply with all signs and respect barriers.
- ✔ Buddy up with two or three riders, reducing vulnerability if you have an accident or breakdown. Designate meeting areas in case of separation.
- ✔ Listening to headphones or ear buds can make it difficult to hear and communicate with other recreationists. In some areas it is illegal to operate dirt bikes with both ears covered.
- ✔ Don't mix riding with alcohol or drugs.

## RESPECT THE RIGHTS OF OTHERS

Respect the rights of others, including private property owners, all recreational trail users, campers and others so they can enjoy their recreational activities undisturbed.

- ✔ Be considerate of others on the road or trail.
- ✔ Leave gates as you find them.
- ✔ If crossing private property, be sure to ask permission from the landowner(s).
- ✔ Yield the right of way to those passing you or traveling uphill. Yield to mountain bikers, hikers, and horses.
- ✔ Proceed with caution around horses and pack animals. Sudden, unfamiliar activity may spook animals—possibly causing injury to animals, handlers, and others on the trail.
- ✔ When encountering horses on the trail, move to the side of the trail, stop, turn off your engine, remove your helmet, and speak—you want the horse to know you are human. Ask the rider the best way to proceed.

- ✔ Do not ride around in camping, picnicking, trailhead, or residential areas.
- ✔ Keep speeds low around crowds and in camping areas.
- ✔ Keep the noise and dust down.

## EDUCATE YOURSELF

Educate yourself prior to your trip by obtaining travel maps and regulations from public agencies, planning for your trip, taking recreation skills classes, and knowing how to operate your equipment safely.

- ✔ Obtain a map—motor vehicle use map where appropriate—of your destination and determine which areas are open to dirt bikes.
- ✔ Make a realistic plan and stick to it. Always tell someone of your travel plans.
- ✔ Contact the land manager for area restrictions, closures, and permit requirements.
- ✔ Check the weather forecast before you go.
- ✔ Prepare for the unexpected by packing a small backpack full of emergency items.
- ✔ Wear a helmet, eye protection, and other safety gear.
- ✔ Know your limitations. Watch your time, your fuel, and your energy.
- ✔ A *Dirt Bike School*<sup>SM</sup> class provides a fast-paced, half-day, hands-on training session. Call 1-877-288-7093 to enroll.
- ✔ Make sure your vehicle is mechanically up to task. Be prepared with tools, supplies, spares, and a spill kit for trailside repairs.

## AVOID SENSITIVE AREAS

Avoid sensitive areas such as meadows, lakeshores, wetlands and streams. Stay on designated routes.

- ✔ Other sensitive habitats to avoid, unless on designated routes, include cryptobiotic soils of the desert, tundra, and seasonal nesting or breeding areas.
- ✔ Do not disturb historical, archeological, or paleontological sites.
- ✔ Avoid “spooking” livestock and wildlife you encounter and keep your distance.
- ✔ Motorized and mechanized vehicles are not allowed in designated Wilderness Areas.

## DO YOUR PART

Do your part by modeling appropriate behavior, leaving the area better than you found it, properly disposing of waste, minimizing the use of fire, avoiding the spread of invasive species, and restoring degraded areas.

- ✔ Carry a trash bag on your vehicle and pick up litter left by others.
- ✔ Pack out what you pack in.
- ✔ Practice minimum impact camping by using established sites and camping 200 feet from water resources and trails.
- ✔ Observe proper sanitary waste disposal or pack your waste out.
- ✔ Spark arrestors are required on all OHV's traveling on public lands.
- ✔ Prevent unnecessary noise created by a poorly tuned vehicle or revving your engine. Use proper silencers on exhausts that meet regulatory decibel levels.
- ✔ Before and after a ride, wash your dirt bike and support vehicle to reduce the spread of invasive species.
- ✔ Build a trail community. Get to know other types of recreationists that share your favorite trail.



Cross streams slowly where the trail crosses the stream.



Ride over obstacles, not around.

