



# tread lightly!®



Mountain  
Biking



T.R.E.A.D.  
PRINCIPLES

## TRAVEL RESPONSIBLY

- AVOID TRAILS THAT ARE WET AND MUDDY.
- RIDE IN THE MIDDLE OF THE TRAILS TO MINIMIZE WIDENING.
- AVOID SIDE-SLIPPING, WHICH CAN LEAD TO EROSION AND EFFECT WATER QUALITY.
- COMPLY WITH ALL SIGNS AND RESPECT BARRIERS.



## RESPECT THE RIGHTS OF OTHERS

- IF CROSSING PRIVATE PROPERTY, BE SURE TO ASK PERMISSION FROM THE LANDOWNER(S) AND LEAVE GATES AS YOU FIND THEM.
- YIELD THE RIGHT OF WAY TO THOSE PASSING YOU OR TRAVELING UPHILL.



- OBTAIN A MAP OF YOUR DESTINATION AND DETERMINE WHICH AREAS ARE OPEN TO MOUNTAIN BIKES.

## EDUCATE YOURSELF

- E-BIKES ARE MANAGED DIFFERENTLY BY AGENCY. ALWAYS CHECK WITH THE LAND MANAGEMENT AGENCY TO ENSURE YOU ARE ON A ROUTE DESIGNATED FOR E-BIKE USE.
- CHECK THE WEATHER FORECAST BEFORE YOU GO.
- WEAR A HELMET, EYE PROTECTION, AND OTHER SAFETY GEAR.



- SENSITIVE HABITATS TO AVOID INCLUDE MEADOWS, LAKESHORES, WETLANDS, CRYPTOBIOTIC SOILS, TUNDRA AND SEASONAL NESTING OR BREEDING AREAS.

## AVOID SENSITIVE AREAS

- AVOID DISTURBING HISTORICAL, ARCHAEOLOGICAL OR PALEONTOLOGICAL SITES.



- PACK OUT WHAT YOU PACK IN.
- CARRY A TRASH BAG AND PICK UP LITTER LEFT BY OTHERS.

## DO YOUR PART

- BEFORE AND AFTER A RIDE, WASH YOUR MOUNTAIN BIKE AND SUPPORT VEHICLE TO REDUCE THE SPREAD OF INVASIVE SPECIES.



**TREAD LIGHTLY! HELPS  
KEEP THE OUTDOORS  
ACCESSIBLE and  
OPEN with YOU**



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